

Rachel Cerchia is a healer and lover of souls, music and connection. She is intrigued by the balance of light and dark in world. She has been on a journey to heal herself these past few years, guided by Spirit and intuition. That guidance led her to realign her life with its purpose in 2002. She quit her job at the age of thirty and put herself through graduate school, ending with a Master's in Physician Assistant Studies.

While she currently works in Orthopedics as a Physician Assistant, she has continued her journey of purpose by becoming a life coach. Her passion lies in seeing souls and helping them love and heal themselves. She moved to Colorado in 2006, marrying her husband, and now shares her life with their two amazing daughters. She and her husband love life and share their passion for the outdoors with their girls. When she's not working, coaching or spending time with her family, you can find Rachel running, reading, journaling or cuddled up with her husband and two girls watching movies. As their girls grow, Rachel and Mike plan to explore the world with them, finding the beauty it has to offer.

