

Nancy McKay is a Certified Life Coach and founder of Amazing Outlook Coaching. She lives in Lakewood, Colorado with her husband Jimmy and her two rescued Westies, Maggie and Tommy.

Nancy's life experiences of growing up in an alcoholic household, celebrating sobriety since 2009, and being an ovarian cancer survivor give her a unique perspective on becoming empowered to heal later in life. Nancy's belief that "it's never too late, and you're never too old" inspired her to pursue a career change at sixty. She feels privileged to help her clients conquer their fears and transform their lives too.

Nancy has earned her certification as a Wayfinder Life Coach from Martha Beck, Inc. as well as a Mind-Body-Eating Coach from the Institute for the Psychology of Eating. Nancy is also pursuing certification as an Equus Coach through the Koelle Institute for Equus Coaching. She serves on the Board of Directors of the Colorado Ovarian Cancer Alliance, helping raise awareness of the signs and symptoms of this killer disease.

With a diverse background, experience and training, Nancy provides her clients with invaluable resources and modalities for healing and growth. Learn more and connect with Nancy at amazingoutlookcoaching.com

