

Kelly Stark is a Life Coach and certified Reiki Master who helps people work through their grief and addiction. Over the years she has taken numerous people through this inward work and continues the rewarding work in her studio and on retreats. As an intuitive healer, she holds space with love and compassion, supporting those through their own intuitive healing. Her passion for this work has led her to develop a unique blend of multiple modalities and life experiences to support people in a soulful and practical way. Drawing from her own personal life experiences, her mission is to help people lead more open, authentic, loving, and fulfilling lives.

Originally from Thousand Oaks, California, Kelly now lives in Castle Rock, Colorado, with her husband Michael, two dogs, and three cats. She likes to exercise most days, eat well, meditate, hike, read self-discovering books, and travel to see more of the world. In her spare time, she's learning Spanish and researching her next travel destination. If you're interested in reaching out to her, you can visit her website at kellykstark.com.

