

Dot Kaufman, MA, MSW, is a retired teacher, reading specialist, therapist, and social worker. She is currently traveling the world, and learning how to “be, rather than “do. She has always been a seeker of truth and an avid adventurer. She has been involved with many modalities of healing and connecting others, both as a participant and a facilitator. She loves the outdoors, and you will often find her riding her bike up a mountain pass, or hiking all over the world. She has visited many countries and has many more to check off of her bucket list.

She grew up in Illinois, lived in Colorado for 24 years, and then moved to Ecuador where she lived for almost six years. She has been working during the summer season for the National Park Service, and during the rest of the year, she spends time traveling and being with her two children and seven grandchildren. You can reach her at dotkaufman@me.com.

