

Crystal Blue is the creator of the Blue Zen Center, offering clients many paths to inner peace and personal freedom. Crystal is also the founder of Ana Hata Publishing, home of the award-winning women's anthology series, *Ready to Fly*. Through these channels, she supports, inspires, and empowers us to speak, write, and live our Truth.

Outside of her private practice and business adventures, Crystal lives for traveling the world, savoring sacred sites and admiring ancient architecture. She loves capturing life through photographs and poetry, and feels at home among artists and musicians of all ages. Crystal also takes pride in doing absolutely nothing! She considers herself an advocate and activist for meditation, sitting with nature, and all things Zen.

What does your truth sound like? She is ready to listen.

Connect with Crystal at BlueZenCenter.com and ReadyToFlyBook.com.

