

**Regina Clarke** loves living in Colorado and plans to continue her work doing Brainwave Optimization® until it's time to move on to the next thing that calls her. In all her messiness and mistakes, Regina's belief in the resiliency of the human spirit, the possibility of miracles, second chances and hope for a better future is unshakable. She loves nature, connecting with others, cooking, reading, hiking and doing her part to make the world a better place; one brain, one heart, one person, one family at a time!

Regina can be reached by email at [ReginaClarke2016@gmail.com](mailto:ReginaClarke2016@gmail.com).

