

**Jessica Viscome** is a wife, mother, and entrepreneur. She is a TLS Weight Loss coach, where she was awarded Weight Loss Coach of the year in 2018. She has been in the fitness and wellness industry since 2005. She currently lives in Syracuse, NY with her husband and son. When she is not spending time with her family or helping clients on their health journey, she is riding her bike. She is an avid cyclist and races for a local team. Jessica is the owner of Cicero Fit Body Boot Camp, does online health coaching, and speaks to people around the country about how to improve their health and wealth.

If you would like to be coached by Jessica or would like her to visit your area to give a talk on how to improve your health or wealth, visit her at [jessicaviscome.com](http://jessicaviscome.com).

